

Abstract

Format: Workshop

Time: 90 minutes

Title: “Reflective Teaching: Strategies for Self-Improvement and Adaptation”

Target Students: Beginner to advanced, any age group

What is a reflective teacher? Generally speaking, a reflective teacher is an educator who is in a continual process of learning, experimenting and adjustment. The reflective teacher devotes time and energy to a variety of activities whose purpose is perpetual self-improvement as an educator and language learning professional. In this workshop, participants will work towards a definition of reflective teaching and explore several strategies and activities which foster it. Such approaches which we will explore include observation, journaling, peer discussions and student feedback.

Then, teachers will begin to analyze and develop their own reflective teaching practices, with the focus being on the understanding that each teacher and each learning environment is unique and that such differences constrain the reflection process. This can also help the educator to develop a set of coping and adaptation strategies which will make the teaching/learning process more enjoyable and effective for all involved.